

Here is the school's main A-Z collection of volunteering websites

A

Animal charities in the UK

General animal welfare charities in the UK include:

- **Blue Cross** - It's veterinary services helps thousands of pets every year. As a volunteer you can become a pet foster carer, help deliver pet education programmes to young people, work in a Blue Cross charity shop, take part in fundraising activities, provide emotional support to bereaved pet owners and help with walking, grooming and feeding animals and cleaning kennels.
- **The People's Dispensary for Sick Animals (PDSA)** - The UK's leading vet charity has 48 dedicated pet hospitals across the country. Volunteer placements are available in PDSA charity shops, offices and hospitals. At their head office you can volunteer in finance, marketing, education and fundraising roles. In the hospitals you can help to care for sick and injured pets and work on reception. Voluntary opportunities also exist for qualified vets and nurses.
- **The Royal Society for the Prevention of Cruelty to Animals (RSPCA)** - Prevents cruelty, promotes kindness to and alleviates the suffering of animals. Volunteering opportunities include fostering animals, assisting the re-homing service, photographing animals and fundraising. You can also volunteer in RSPCA branches as an administrator.
- **The Wildlife Trusts** - Protects and benefits the UK's natural environment. It cares for 2,300 nature reserves and has 40,000 volunteers, all of who help to secure the future of precious habitats and species. As a volunteer you can survey species, care for nature reserves and get involved in community gardening.

Assistance therapies and specialist charities

Several UK charities help people with day-to-day living by providing contact with animals. These include:

- **Assistance Dogs UK** - Made up of eight individual organisations: Canine Partners, Dog A.I.D., Dogs for Good, Guide Dogs, Hearing Dogs for Deaf People, Medical Detection Dogs, Support Dogs and The Seeing Dogs Alliance. Over 7,000 disabled people in the UK rely on assistance dogs to help with day-to-day tasks. Volunteers are needed to help educate puppies aged between six weeks and one year. Tasks include socialising, emergency and short-term fostering, and dog-walking to familiarise the puppy with public places.
- **Pets as Therapy** - The charity relies on volunteers to share their time and their pets with people in need. Volunteers provide a visiting service in hospitals, hospices, nursing and care homes, special needs schools and a variety of other venues across the UK.
- **Riding for the Disabled Association** - Arranges horse and pony-based activities such as riding, vaulting, show jumping, hippotherapy and carriage driving for around 25,000 disabled people every year. It is run by 18,000 volunteers across 500 groups; voluntary opportunities include mucking out, grooming, tacking-up, and leading and side-walking.

- **The Cinnamon Trust** - Helps elderly and terminally ill people to care for their pets. Around 15,000 volunteers perform dog-walking and other tasks including short-term fostering when the pet's owner is in hospital.

Arts and culture group Volunteering

National and regional arts festivals are a great place to make industry contacts. Art festivals take place over a couple of weeks during the summer months, so do some research into what's available in your community. Volunteering in museums is also a popular option. Both regional and national museums - all 2,500 of them in the UK - welcome volunteers. The Victoria and Albert Museum (V&A), the Natural History Museum and the Science Museum, all in London, recruit volunteers all year- round.

<https://www.artscouncil.org.uk/art-leadership/voluntary-arts>

<https://artuk.org/participate/volunteer>

<https://theartsociety.org/volunteering>

- [The Association of Medical Charities](#) - online directory of 151 different medical charities

B

Business mentoring

Business in the Community

Promotes socially responsible business and pushes the agenda of CSR.

The Centre for Mentoring

Business mentoring organisation providing mentoring services. Website includes access to some case studies.

Coaching and Mentoring Network

Provides business coaching and mentoring services. Includes access to case studies, articles and references to some publications.

C

[Charity Choice](#) - the Charity Choice A to Z lists provide links to thousands of UK charities and non-profit organisations

[Charity Commission for England & Wales](#) - includes a register of Charities in England and Wales

[Charity Jobs UK Website](#) - your one stop charity job site

[Charity People](#) - a dedicated charity jobs board and an online charity network, transforming forum into a fully integrated charity recruitment and networking resource

[Charityworks](#) - dedicated to finding and developing the future leaders of the non profit sector in the UK. Charityworks is a unique talent initiative for charities, housing associations and social enterprises. See also, news stories and posts on [Charityworks 360](#)
[Community Connections](#) – Imperial College Union’s service to connect Imperial students with volunteering in the community.

Community Development Foundation

Supports community work and carries out research, evaluation and policy analysis. Produces resources covering a range of topics in the community field.

Community Matters: The National Federation of Community Organisations

Provides a range of services to community associations and similar organisations.

	<p>Community Service Volunteers (CSV) Large scale provider of volunteering opportunities in the UK. CSV also support training and education initiatives</p> <p>Conservation volunteering For community projects, get in touch with The Conservation Volunteers (TCV), who work across the UK to create healthier and happier communities by conserving local green spaces.</p> <p>For animal and environmental volunteering see organisations such as the Wildlife Trust and the Woodland Trust. With the Wildlife Trust you can care for nature reserves and get involved in habitat management and species surveying. The Woodland Trust provides opportunities to support wildlife, plant trees and campaign to protect vulnerable woods.</p> <p>You could also help out at the Marine Conservation Society head offices, get involved with local coastal conservation groups, take up beach cleaning or become a 'sea champion' and help to promote their campaigns.</p> <p>Other voluntary conservation opportunities exist with the National Trust, where you can help to conserve historic houses and gardens.</p> <p>If you would like to get in involved in conservation volunteering in exotic locations then Pod Volunteer has a range of projects.</p>
D	<p>Directory of Social Change Information, training publications and support for voluntary and community organisations.</p> <p>Do-It - provides listing of one million opportunities to volunteer in the UK, through which you can search and apply online</p>
E	<p>Eldis - an online information service providing free access to relevant, up-to-date and diverse research on international development issues</p> <p>Emergency volunteering This type of volunteering involves helping out in emergency situations such as natural disasters, fires, floods, individual medical emergencies and transport accidents. As an emergency response volunteer you'll support the emergency services, provide first aid and transport assistance, offer practical and emotional support to people in crisis and help to organise evacuations.</p> <p>To get involved visit:</p> <ul style="list-style-type: none"> • British Red Cross • Disasters Emergency Committee • Emergency UK • St John Ambulance <p>Engineers without Borders - an international humanitarian/not-for-profit engineering organisation</p> <p>European and wider UK mentoring and befriending</p> <p>Befriending Network Scotland A network for befriending projects, it has existed since the late 1980s to support and give information on befriending issues.</p>

	<p>ENCYMO (European Network of Children and Youth Mentoring Organisations) A network of approx 100 organisations in 15 european countries. Website includes contact details of mentoring programmes and information about mentoring.</p> <p>The Scottish Mentoring Network The body and voice of mentoring in Scotland, it has been in existence since 1987 as an informal group of individuals and organisations interested in mentoring.</p> <p>Volunteer Development Scotland The scottish national centre for volunteering.</p> <p>Volunteering - Wales.Net A website for people who want to find out about specific volunteering opportunities in Wales.</p>
<p>F</p>	<p>Fair Train – charity which promotes and champions all forms of work experience, volunteering, and internships.</p> <p>Flow Charitas - a dedicated not-for-profit and, more specifically, a charity recruitment consultancy</p> <p>Food Bank Volunteering : London : https://www.london.gov.uk/coronavirus/volunteer-and-donate/coronavirus-covid-19-supporting-foodbanks</p> <p>Trussell Trust : https://www.trusselltrust.org/get-involved/</p>
<p>G</p>	<p>Getting into International Development - The Careers Group's website for students and graduates interested in careers in international development</p> <p>Good Causes and Human Rights Organisations:</p> <ul style="list-style-type: none"> • Age Concern – www.ageconcern.org.uk • Amnesty International – www.amnesty.org.uk • Oxfam UK – www.oxfam.org.uk • Medecins Sans Frontieres – www.msf.org.uk • National Aids Trust – www.nat.org.uk • One Laptop Per Child – http://laptop.org/en/ • One World Action – www.oneworldaction.org • Plan UK – www.plan-uk.org • Sparks – www.sparks.org.uk • Water Aid – www.wateraid.org/uk • UNICEF – www.unicef.org.uk • Abortion Rights – www.abortionrights.org.uk • Campaign for Nuclear Disarmament – www.cnduk.org • Children's Rights Alliance for England – www.crae.org.uk • Dignity in Dying – www.dignityindying.org.uk • Fairtrade Foundation – www.fairtrade.org.uk • Foundation for International Environmental Law and Development – www.field.org.uk • Friends of the Earth – www.foe.co.uk • Republic – www.republic.org.uk • United Nations Association – www.una-uk.org <p>The Aegis Trust Founded in 2000, the Aegis Trust is a British NGO which campaigns to prevent genocide worldwide. This international organization honours the memories of genocide victims and enables people to meet survivors so that they can learn about their experiences.</p>

REDRESS

The Redress Trust is a human rights organisation based in London that helps to obtain justice and reparation, in the form of compensation, rehabilitation, official acknowledgement of the wrong and formal apologies.

Save the Children UK

Save the Children is an international charity which works in over 60 countries around the world, including the UK. They deal with many issues which affect children, including child protection, health, education and children's rights.

Anti-Slavery International

With a headquarters in London, Anti-Slavery International works to end slavery throughout the world. Their projects span across Africa, Asia and Europe, including the UK..

Equal Rights Trust

The Equal Rights Trust works internationally from their base in London. Their goal is to support equality by combatting discrimination and promoting equality worldwide.

ALQST

This NGO calls on Saudi Arabia to commit to ending human rights violations. They advocate human rights by monitoring and documenting violations that occur in Saudi Arabia.

Human Rights Watch

Human Rights Watch is a leading international organisation which is dedicated to defending and promoting human rights around the world.

CARE International UK

CARE International was founded in 1945 and aims to help people to recover from war and fight poverty in the poorest countries. They work across 79 developing countries to save lives in emergency situations and find long-term solutions to poverty for millions of people. They also focus on empowering women and girls to fulfil their potential.

JUSTICE

This all-party law reform and human rights organisation works to strengthen the justice system in the UK.

Overseas Development Institute

The Overseas Development Institute (ODI) is an independent, global think tank which aims to create a sustainable and peaceful world for everyone..

REPRIEVE

This organisation works to defend human rights by providing free legal and investigative support to vulnerable people. They work with people facing execution as well as victims of torture, extrajudicial imprisonment and extrajudicial killing.

Article 19

This British human rights organisation focuses specifically on on the defence and promotion of freedom of expression and freedom of information worldwide,

Child Rights Information Network

This International Network supports the United Nations Convention on the Rights of the Child by advocating the enforcement of children's rights globally.

The Refugee Council

Founded in 1951 in response to the UN convention for refugees, the council has provided practical and emotional support to refugees from all over the world.

Free Tibet

Their mission is to create a Tibet in which all Tibetans are able to determine their own future and the human rights of all are respected..

Freedom from Torture

Freedom from Torture helps torture survivors rebuild their lives, working from five national bases in London, Birmingham, Glasgow, Manchester and Newcastle.

Focus on Labour Exploitation (FLEX)

This London-based charity works to end human trafficking for labour exploitation.

The Traveller Movement

The Traveller Movement is a national charity committed to the fulfilment of human rights for ethnic minority Gypsy Roma and Traveller people

Survival International

Survival International is a global movement for the rights of tribal people. The organization helps to defend the rights of tribal people around the world and protect their lands.

Global Vision International - international internships, work experience opportunities and conservation expeditions around the world

Global Volunteer Network - community projects in China, Ecuador, Ghana, Nepal, Romania and Uganda. Volunteers have the opportunity to participate in a variety of educational and community aid programs. Volunteers can be involved in teaching English, environmental work, health and sanitation and cultural home stays

Government Jobs Direct - providing direct links to the jobs & vacancies pages on the websites of 359 UK government and public sector organisations

The Guardian: Society - Voluntary Sector - latest news from the public and voluntary sectors, including health, children, local government and social care

H

Healthcare and Hospital Volunteering

The Association of Medical Charities - online directory of 151 different medical charities

Barking, Havering & Redbridge Trust:

<http://www.bhrhospitals.nhs.uk/getting-involved/work-experience.htm>

King's College hospital

<https://careers.kch.nhs.uk/working/work-experience>

<https://www.kch.nhs.uk/about/get-involved/volunteering>

Whittington Hospital

<http://www.whittington.nhs.uk/default.asp?c=17727>

Gap Medics during Half Term Break in Tanzania (£££££!!!)

<http://www.gapmedics.co.uk/special-projects/oct-half-term-tanzania>

Observing at Great Ormond Street (GOSH)

<http://www.gosh.nhs.uk/working-here/other-types-work/work-experience>

<https://www.gosh.nhs.uk/working-here/volunteering-for-us/current-opportunities>

Bart's & the Royal London Volunteering...click on the various volunteer roles:

<https://bartshealth.nhs.uk/macmillan-cancer-support>

Volunteering at the Foundling Museum

<http://foundlingmuseum.org.uk/support/volunteering>

Volunteering/ Work Experience at St Thomas and Guy's Hospital

<http://www.guysandstthomas.nhs.uk/careers/other-types-of-work/work-experience/clinical-work-experience.aspx> (Mainly reserved for Southwark and Lambeth residents)

<https://www.guysandstthomas.nhs.uk/careers/other-types-of-work/volunteering/volunteering-roles.aspx>

<https://www.guysandstthomas.nhs.uk/careers/other-types-of-work/volunteering/volunteering-roles.aspx>

Evalina Children's Hospital (Must be 17!!) : <https://www.evelinalondon.nhs.uk/get-involved/volunteering.aspx>

Volunteering / Helping at the Homerton Hospital (Hackney)

<http://www.homerton.nhs.uk/choosing-homerton/volunteering/>

Volunteering for St Mungo's Charity

<https://volunteerteam.london.gov.uk/opportunities/7102>

Multiple Sclerosis Society Volunteer

<https://www.mssociety.org.uk/ms-life-volunteer>

St Francis Hospice

<https://www.stfrancis.org.uk/support-us/volunteer/how-can-i-help->

Royal Free Hospital Volunteering :

<https://www.royalfree.nhs.uk/patients-visitors/get-involved-in-our-hospital/volunteer-at-the-royal-free-london/>

Chelsea and Westminster Hospital Volunteering Roles

<http://www.chelwest.nhs.uk/about-us/working-here/volunteering>

UCLH Volunteering Opportunities

<https://www.uclh.nhs.uk/wwus/volunteer/Pages/Home.aspx>

Hammersmith & Charing Cross Hospitals Youth Volunteering

<https://www.imperialcharity.org.uk/volunteering/youth-volunteering-programme>

Macmillan Cancer Volunteering

<https://volunteering.macmillan.org.uk>

Action For Children

<https://www.actionforchildren.org.uk/how-to-help/volunteer-with-us/>

<p>I</p>	<p>The Institute of Development Studies - gateway site to all aspects of development including globalisation, development economics and international aid</p> <p>Institute of Fundraising - the professional membership body for UK fundraising. Its website contains information on developing a career in fundraising</p> <p>Intercultural Youth Exchange - offers a variety of volunteer placements working alongside NGOs around the world</p> <p>International Development Organisations – A comprehensive lists of links to international development organisations</p> <p>International Organisations - A list of non-governmental organisations, such as charities</p>
<p>JK L</p>	<p>Joseph Rowntree Foundation</p> <p>Independent social policy research charity. Range of publications/reports are accessible from the website.</p>
<p>M</p>	<p><u>Mental health volunteering</u></p> <p>Suited to compassionate people with good listening and communication skills, mental health volunteering can provide great experience for those looking to break into health or social care roles.</p> <p>Both national and local mental health charities are always in need of volunteers. Positions can be found at:</p> <ul style="list-style-type: none"> • CALM • Mind • Place2Be • Sane • SelfHelp • Young Minds • Mental Health Foundation (Organisation providing a wide range of information on mental health in the UK. Includes downloadable peer support manual). <p>Millennium Volunteers (MV)</p> <p>UK-wide initiative to encourage 16-24 years old to volunteer their time for the benefit of others.</p>
<p>N</p>	<p>NAVCA</p> <p>The National Association for Voluntary and Community Action is the national voice of local voluntary and community sector infrastructure in England.</p> <p>National Council for Voluntary Organisations - A body that oversees voluntary work in the UK</p> <p>National Council of Voluntary Youth Services</p> <p>www.ncvys.org.uk</p> <p>The National Council for Voluntary Youth Services is a diverse and growing network of over 170 national organisations and regional and local networks that work with and for young people. Our mission is to ensure the development and recognition of a vibrant, sound and diverse voluntary and community sector that involves, empowers and meets the needs of all young people.</p>
<p>O</p>	<p>OECD - helps governments foster prosperity and fight poverty through economic growth and financial stability</p> <p>Offenders mentoring</p>

	<p>Clinks Supports voluntary organisations that work with offenders and their families.</p> <p>Crime Concern A not-for-profit organisation reducing crime by working with local people and community groups to create safer communities.</p> <p>OJJDP (Office of Juvenile Justice and Delinquency Prevention) US government department that contains information about mentoring and provides access to reports about the JUMP (Juvenile Mentoring Project) project, a large nationwide mentoring programme.</p> <p>SOVA They run projects around youth justice and offender rehabilitation.</p> <p>Oxfam - a leading international NGO with a worldwide reputation for excellence in the delivery of aid and development work. See their Aid Matters online resource</p>
PQ	<p>Public Affairs Links - provides everything you need to know about the UK and EU lobbying industry</p>
R	<p>Reach Volunteering - national online platform where you can look for volunteering opportunities based on your professional skills</p> <p>Royal Voluntary Service</p>
S	<p><u>School experience</u></p> <p>For aspiring teachers volunteering at a local school is a good way to gain experience. Voluntary work in schools gives you practical-based examples to use at interview, the opportunity to learn from experienced teachers and evidence of your commitment. You could:</p> <ul style="list-style-type: none"> • Contact schools, nurseries and colleges and ask if you can visit, shadow or observe the teachers. • Ask charities or local authorities in your area if they run schemes for voluntary mentors to work with pupils, often on a one-to-one basis. <p>Scientists for Global Responsibility - promotes the responsible uses of scientific knowledge</p> <p><u>Social care</u></p> <p>If you'd like a career in social care, relevant experience is vital and this is where voluntary opportunities come in useful.</p> <p>If you can spare a couple of hours a week you could become a befriender. This involves supporting isolated individuals, usually the elderly or disabled. Services are available with charities such as Age UK and Deaf Blind UK.</p> <p>Alternatively, help to combat poverty with The Trussell Trust. Through the charity you can locate local food banks and donate your time as a warehouse volunteer, food bank centre volunteer, or as a supermarket collections volunteer.</p> <p>Volunteer social care positions are also available with:</p> <ul style="list-style-type: none"> • Change, grow, live • Prince's Trust • Together Trust

	<p>Working with both children and adults you could man helpines, volunteer as an online counsellor, assist with local gardening or craft groups, provide a listening ear during drop-in talking sessions or become a peer mentor. You could also work in a charity shop or fundraise for mental health charities.</p> <p><u>Sports coaching</u></p> <p>Work experience is essential in the competitive field of sport and volunteering positions often lead to more permanent employment.</p> <p>Through Join In, an official London Games legacy charity, you can search for local clubs in need of volunteers and give your time on an ad-hoc or permanent basis. You can volunteer as a coach, club accountant or event organiser.</p> <p>You can also volunteer at local sports clubs through Sport England.</p>
T	<p>Team London: Mayor of London flagship programme inspired by the 2012 Olympics. Large portal covering all types of volunteering opportunities across every London Borough https://volunteerteam.london.gov.uk/#s</p> <p>Third Sector - the UK's leading publication for everyone who needs to know what's going on in the voluntary and not-for-profit sector</p> <p>Time Bank This BBC supported campaign gives you the opportunity to share your time and skills with your community.</p>
U	<p>Union of International Associations - unique free service allows you to search the websites of all intergovernmental organizations (IGOs), comprising over 3000 bodies including the United Nations, the European Commission, the World Bank, etc.</p> <p>United Nations Jobs - find out about and apply for jobs at the United Nations</p>
V	<p>Vinspired : www.vinspired.com An organisation that encourages volunteering for 16-25year olds and holds a database of volunteering activities available all over the country. It also provides funding for community projects run by young people.</p> <p>Volunteering England Provides advice and information for those who work or manage volunteers as well as to those who want to volunteer. The website also contains links to all the volunteer centres around the country where you can find volunteering opportunities.</p> <p>Volunteering in Greater London http://greaterlondonvolunteering.org.uk/ Greater London Volunteering (GLV) is the regional umbrella organisation for volunteering in London. Members include Volunteer Centres and Volunteer Development Agencies covering every borough of Greater London. They help 50,000 volunteers and 9,000 organisations every year. Our main focus is to generate more volunteering activity in Greater London</p> <p>Volunteering Matters - provides volunteering and practical work experience throughout the UK</p>
W	<p>Water aid - mission is to overcome poverty by enabling the world's poorest people to gain access to safe water, sanitation and hygiene education</p> <p>World Service Enquiry - information and advice about working overseas in developing countries</p> <p>Worldwide Volunteering - searchable database of over a thousand volunteering placements.</p> <p><u>Worldwide mentoring and befriending</u></p>

Big Brothers Big Sisters

The US based mentoring organisation. Website contains more information about the programmes including real life stories and press releases.

International Mentoring Association

US based international organisation seeking to support mentoring and provide a forum focusing on innovative mentoring ideas and practice.

Mentoring Australia

An association of mentors, educators and researchers. Includes a list of some of the mentoring projects running in Australia.

National Mentoring Centre

US based mentoring organisation. Provides a range of mentoring services including free downloadable resources and a web based library catalogue.

Peer Resources

Canadian based not for profit organisation. Operate in education and business mentoring and also community mentoring. Provides access to a range of resources both freely available and charged.

Public/Private Ventures

US based research and public policy organisation. Provides access to a range of documents about mentoring in the US, some of which are free to download.

Further international opportunities, include:

- [Frontier](#)
- [Global Vision International \(GVI\)](#)
- [International Volunteer HQ](#)
- [Maximo Nivel](#)
- [Kaya Responsible Travel](#)
- [Pod Volunteer](#)
- [Tru Experience Travel](#)
- [Voluntary Service Overseas \(VSO\)](#)
- [Volunteer Abroad](#)
- [British Youth Council](#)

- [Lattitude](#)

- [Restless Development \(International Citizen Service\)](#)

Work Experience and Volunteering Government based Resource bank

- http://www.direct.gov.uk/en/YoungPeople/Workandcareers/Workexperienceandvolunteering/DG_066181

Work Experience Opportunities (extras)

- [Prime](#) for work experience within Law

- [Student Ladder](#) – work experience placement information.
- [Whizz-Kidz](#) – a charity which organises placements for wheelchair users aged 16 – 25 in all sorts of different sectors.
- [Prince's Trust](#) – this charity offers the 'Get Into' programme for 16 – 25 year olds to get work experience and training.
- [S4SNext Gen](#)

	<ul style="list-style-type: none"> • Twin - work & volunteer
<p>YZ</p>	<p>Youth Action Network A network organisation that supports and develops a range of youth volunteering projects across England.</p> <p><u>Young people mentoring</u></p> <p>Barnardo's Barnardo's is the leading UK children's charity. We offer a wide range of support services for children, young people and their families, helping children who are young carers, for example, looking after a sick or disabled relative.</p> <p>Chance UK They provide specific and targeted solution focused mentoring for children aged 5-11 years based on individual needs.</p> <p>Rainer Rainer offers under-supported young people a range of services designed to give them the emotional and practical support they need to lead secure and fulfilled lives.</p> <p>Trust for the Study of Adolescence Provides information and training for professionals, parents and young people on issues affecting young people. Includes a range of resources for parents and those working with young people.</p>